



2023-2024 MINNESOTA STATE HIGH SCHOOL LEAGUE

State Track and Field Meet SCHEDULE

St. Michael-Albertville High School
5800 Jamison Avenue NE St. Michael, MN 55376

Thursday, June 6, 2024

Class AAA PRELIMS 9:00 a.m.
Class A PRELIMS 3:30 p.m.

Friday, June 7, 2024

Class AA PRELIMS 9:00 a.m.
Class A FINALS 3:30 p.m.

Saturday, June 8, 2024

Class AA FINALS 9:00 a.m.
Class AAA FINALS 3:30 p.m.

4x800M RELAY, 1600M RUN and 3200M RUN

- The 4x800-meter relay will be conducted as a 2-heat timed final on FINALS day in each class.
- The 1600M Run will be conducted as timed finals on FINALS day in each class.
- The 3200M Run will be conducted as timed finals on PRELIMS day in each class.

WHEELCHAIR DIVISION (WCD)

WCD events are based on the number of entries and will be determined during seeding on June 2, 2024.

RUNNING EVENTS – PRELIMS ORDER of EVENTS

*The **3200M** will be run as the FIRST event during morning prelims sessions (AAA on Thursday and Class AA on Friday) and as the second to last event during the afternoon prelims session (Class A on Thursday)

*3200-Meter Run (Finals) – Class AAA and AA Girls (Thurs and Fri AM)	300-Meter Hurdles – Girls
*3200-Meter WCD (Finals) –Boys/Girls	300-Meter Intermediate Hurdles – Boys
*3200-Meter Run (Finals) – Class AAA and AA Boys (Thurs and Fri AM)	800-Meter Run – Girls
100-Meter High Hurdles (33”) – Girls	800-Meter WCD – Boys/Girls
110-Meter High Hurdles – Boys	800-Meter Run – Boys
100-Meter Dash – Girls	200-Meter Dash – Girls
100-Meter WCD (Finals) – Boys/Girls	200-Meter WCD (Finals) – Boys/Girls
100-Meter Dash - Boys	200-Meter Dash – Boys
4x200-Meter Relay – Girls	*3200-Meter Run (Finals) – Class A Girls (Thursday PM)
4x200-Meter Relay – Boys	*3200-Meter WCD (Finals) – Boys/Girls
4x100-Meter Relay – Girls	*3200-Meter Run (Finals) – Class A Boys (Thursday PM)
4x100-Meter Relay – Boys	4x400-Meter Relay – Girls
400-Meter Dash – Girls	4x400-Meter Relay – Boys
400-Meter WCD (Finals) – Boys/Girls	
400-Meter Dash – Boys	

RUNNING EVENTS – FINALS ORDER of EVENTS

4x800-Meter Relay	Girls
4x800-Meter Relay	Boys
100-Meter High Hurdles	Girls
110-Meter Hurdles	Boys
100-Meter Dash	Girls
100-Meter Dash	Boys
4x200-Meter Relay	Girls
4x200-Meter Relay	Boys
1600-Meter Run.....	Girls
1600-Meter Wheelchair Division	Boys/Girls
1600-Meter Run.....	Boys
4x100-Meter Relay	Girls
4x100-Meter Relay	Boys
400-Meter Dash	Girls
400-Meter Dash	Boys
300-Meter Low Hurdles	Girls
300-Meter Inter Hurdles	Boys
800-Meter Run.....	Girls
800-Meter Run.....	Boys
200-Meter Dash	Girls
200-Meter Dash	Boys
4x400-Meter Relay	Girls
4x400-Meter Relay	Boys

FIELD EVENTS

Class A - THURSDAY

Long Jump – Girls 3:30 p.m.
Triple Jump – Boys 3:30 p.m.
Pole Vault – Boys 3:30 p.m.
High Jump – Girls 3:30 p.m.
Shot Put – Boys 3:30 p.m.
Discus – Girls 4:45 p.m.

Class A - FRIDAY

Long Jump – Boys 3:30 p.m.
Triple Jump – Girls 3:30 p.m.
Pole Vault – Girls 3:30 p.m.
High Jump – Boys 3:30 p.m.
Shot Put – Girls 3:30 p.m.
Discus – Boys 4:45 p.m.

Class AA - FRIDAY

Long Jump – Girls 9:00 a.m.
Triple Jump – Boys 9:00 a.m.
Pole Vault – Boys 9:00 a.m.
High Jump – Girls 9:00 a.m.
Shot Put – Boys 9:00 a.m.
Discus – Girls 10:15 a.m.

Class AA - SATURDAY

Long Jump – Boys 9:00 a.m.
Triple Jump – Girls 9:00 a.m.
Pole Vault – Girls 9:00 a.m.
High Jump – Boys 9:00 a.m.
Shot Put – Girls 9:00 a.m.
Discus – Boys 10:15 a.m.

Class AAA - THURSDAY

Long Jump – Girls 9:00 a.m.
Triple Jump – Boys 9:00 a.m.
Pole Vault – Boys 9:00 a.m.
High Jump – Girls 9:00 a.m.
Shot Put – Boys 9:00 a.m.
Discus – Girls 10:15 a.m.

Class AAA - SATURDAY

Long Jump – Boys 3:30 p.m.
Triple Jump – Girls 3:30 p.m.
Pole Vault – Girls 3:30 p.m.
High Jump – Boys 3:30 p.m.
Shot Put – Girls 3:30 p.m.
Discus – Boys 4:45 p.m.